


**MASS INTENTIONS
FOR THE WEEK**
AUGUST 22 THRU AUGUST 28

Monday	Priest's Intention
Tuesday	Grace Weisbecker
Wed.	Priest's Intention
Thurs.	Priest's Intention
Friday	Priest's Intention
Saturday	Sid Salzman
Sunday	People of St. Joseph

Knights Notes

Knights of Columbus

Council 10894

Week of August 21, 2016

**Knights Prepare and Serve Meal at the
Stephen Center**

Last Monday evening, August 15th, several Knights and spouses prepared and served the evening meal at the Stephen Center – Pettigrew Emergency Shelter on Q Street in Omaha. We fed approximately 150 children and adults. A special thanks to those who assisted: Ted and Larry Boro for making about 9 gallons of homemade spaghetti sauce (there were too many compliments on it to count!) and for obtaining the bread and to their assistants Tim Ihry and Bridget White. Also, thanks to those who helped set-up and serve the meal at the Stephen Center: Tim and Diane Ihry, Bridget White, and Laurie and Mike Fowler. Once again, thanks!

Become a Knight!

If you are a practicing Catholic man, age 18 or older, we welcome you to join the leading organization of Catholic laymen. Being a Knight helps you to be more involved with your community; it is supporting your local Catholic Church, while enhancing your own faith; it is about protecting and enhancing your family life. If you are interesting in joining or

just interested in learning more about the Knights of Columbus you can:

- Contact Phil White (email: pwhite12@q.com or call [402-592-1549](tel:402-592-1549)).

- Visit our local Council web site at: <http://www.nebraskakofc.org/kc10894>. There are links on there to contact any of our officers.

- Just grab any Knight before/after Mass!

**SUPPORT FOR PEOPLE WITH
CANCER & THEIR CAREGIVERS**

Did you ever notice how cardiac and stroke patients are offered a rehabilitation program to help them get well again but that there is nothing for folks with cancer? Now there is. A Time to Heal is a non-profit foundation that offers 3 FREE classes for people affected by cancer and their caregivers:

- 1) A 12 week program for cancer survivors and their loved ones about how to regain health and improve quality of life after cancer treatment.
- 2) An 8 week class to help people learn to improve memory that's been affected by cancer treatments.
- 3) Ongoing support groups for people who have recurrent or metastatic cancer. New classes start in September 2016. For more information or to enroll, please call 402-401-6083 or visit the website at www.atth.org

We hold a grudge because we don't want to let the other person off the hook. But who is really hooked: the one who's moved on or the one who's holding on?

Lori Deschene